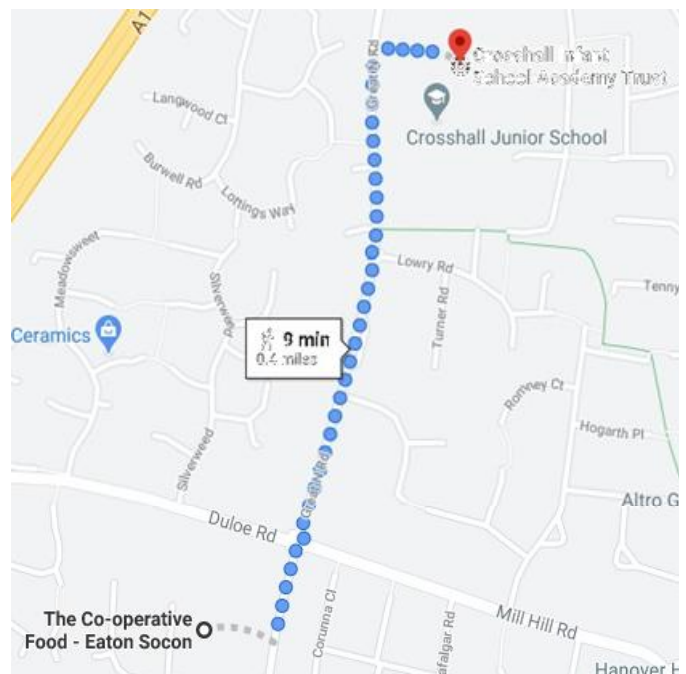


PARK AND STRIDE



We have an informal arrangement with the Co-Operative that allows parents/carers to use the designated parking area to bring your children **safely** to school.[lk](#)

- Free parking
- Safe crossing points
- Reduced emissions around the school
- Safer crossing for children
- Pop into Co-Op to grab those top-up items
- Cleaner learning environment



Walking to school, event just for 10 minutes, has **huge benefits** for both parents/carers and children. It reduces the risk of obesity and heart disease. Walking is great for mental health. It reduces stress and helps your children start the day with a calm mind. Physical activity **helps your children learn** and **boosts their performance in class**.